

Sailing Instructions
Tuesday Night Series
June 13-Sept. 5, 2017
Rockland Yacht Club (RYC)

1. Rules:

The series will be governed by the rules as defined in *The Racing Rules of Sailing for 2017-2020*.

2. Entries:

Competitors may enter by:

- a. Filling out and returning the RYC racing registration form.
- b. Paying the \$100 racing fee.
- c. Providing a PHRF NE racing certificate for their boat.
- d. You do not need to be a member of RYC to race.

3. Notices to Competitors:

- 3.1 Notices to competitors will be posted on the notice board located in the Yacht Club.
- 3.2 The Race Committee will attempt to contact competitors by email in case of race cancellation.

4. Signals made ashore:

At this time RYC has no plans to display signals ashore.

5. Schedule and Class Flags:

- 5.1 First gun will be at 1700.
- 5.2 Long course ("fun class"-unscored) class flag will be a red flag.
- 5.3 Short course (PHRF) class flag will be a yellow flag

6. Racing Area:

- 6.1 The short course racing area is generally located within Rockland harbor.
- 6.2 The long course racing area will extend outside the breakwater, north to a dropped mark

7. Check-in before start:

- 7.1 All boats shall check in before the first race of each day. This can be done by hailing the RC on VHF channel 68 or by sailing past the stern of the RC boat after it has set the pin end mark and anchored on the line and raised the RC flag.
- 7.2 Boats that are not starting subsequent races shall notify the RC before leaving the racing area.
- 7.3 Boats that withdraw from a race or decide not to start after coming to the race area shall notify the RC as soon as possible.

8. Courses and Marks:

- 8.1 The short course layout will be broadcast on VHF channel 68.
- 8.2 Unless otherwise instructed by the RC, the windward and leeward marks shall be yellow inflatable shapes.
- 8.3 Unless otherwise instructed by the RC, the short course (PHRF) will be a windward leeward course.
- 8.4 All marks will be rounded to port unless otherwise directed by the RC.
- 8.5 The long course will start at the starting line, proceeding to the weather mark (yellow mark). After rounding the weather mark, competitors will sail out of the harbor, rounding the

lighthouse, sailing north and rounding a dropped mark (orange mark) located approximately 1-2 nm from the lighthouse and return to the harbor. After passing into the harbor they will sail to and round the leeward mark (yellow mark) and finish to windward.

- 8.6 The distance and bearing to the long course dropped mark will be broadcast on VHF channel 68.
- 8.7 The RC may substitute a Government navigation mark as a mark of the course.

9. Starting and finishing lines

- 9.1 The start/finish line will generally be located just outside and to the southeast of the Rockland ferry channel.
- 9.2 The start/finish line will be between the floating orange mark and the orange flag on the RC boat.

10. Starting:

- 10.1 There will be two starts, Long Course first, then Short Course (PHRF)
- 10.2 Prior to the initiation of the starting sequence the RC shall hail all competitors on VHF channel 68 that racing is about to begin.
- 10.3 **Starting sequence:**
 - 10.3.1 One minute prior to start sequence there will be three short horn blasts.
 - 10.3.2 5 minutes – Red flag (warning for “Fun” class) up w/ one horn signal
 - 10.3.3 4 minutes – P (Preparatory) flag up w/ one horn signal
 - 10.3.4 1 minute – P flag down w/ one long horn signal
 - 10.3.5 0 minutes – Start- Class flag down w/ one horn signal
1 minute after first class starts the sequence begins for PHRF.
 - 10.3.6 5 minutes – Yellow flag (warning for PHRF) up w/ one horn signal
 - 10.3.7 4 minutes – P (Preparatory) flag up w/ one horn signal
 - 10.3.8 1 minute – P flag down w/ one long horn signal
 - 10.3.9 0 0 minutes – Start- Class flag down w/ one horn signal
 - 10.3.10 Official timing is visual flags, not the horn.

11. Time Limit

- 11.1 There is a two-hour time limit for any race.
- 11.2 Boats failing to finish within 45 minutes of the first boat to finish will be awarded a finish score one more than the number of boats entered in the series (Appendix A4.2)

12. Penalty System:

- 12.1 The RC has determined that given the particular conditions of RYC races normal two turn penalties as described in RRS44.1 and 44.2 can be taken as a One Turn Penalty to exonerate herself.
- 12.2 When a boat hits a mark the penalty shall be one turn.

13. Protests and requests for redress

- 13.1 A boat intending to protest shall inform the other boat(s) at the first reasonable opportunity. She shall conspicuously display a red flag until she is no longer racing.
- 13.2 Boats intending to protest shall notify the RC after finishing.
- 13.3 The RC shall announce over VHF channel 68 that a protest is pending and that a meeting will occur.
- 13.4 The protesting yacht must fill out a protest form and deliver it to the Protest Committee (not the RC) at the Club no later than one hour after the last finish of the day.

- 13.5 Protest forms are available on line on the US Sailing website. Please print copies and have them on your boat.
- 13.6 Protest meeting will take place 15 minutes after the form is turned in provided all parties are in attendance.

14. Scoring:

- 14.1 The low point scoring system put forth in RRS 90.3(a) and (A4) shall be used.
- 14.2 A boat's score will be based on its best scores for 75% of the races sailed.
- 14.3 Four or more race nights constitute a series.

15. Safety requirements and equipment

- 15.1 Each competing boat is required to carry at least the following equipment: Required Coast Guard Safety equipment, a working VHF radio, visual signals for daytime use, and a suitable anchor and rode.
- 15.2 Emergency conditions should be reported to the RC on VHF channel 68. The RC will monitor VHF channel 68 from the time they leave the dock until they return.
- 15.3 Boats in need of assistance can also contact the US Coast Guard – Rockland on VHF channel 16.

16. Disclaimer of Liability:

Competitors participate in the Racing Program entirely at their own risk (RRS 4, Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the Racing Program.